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**Whittingham C of EKey Stage 1 – PE Year 1 and 2 Long Term Plan Cycle B School Year 2025-6**

*Using Get Set 4 PE planning and assessment grids unless stated differently.*

*KS 1 will have their PE blocked to 1 afternoon per week with 2 different PE sessions with a wet weather option of Yoga, Dance etc.*

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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Daily Mile | Daily Mile | Daily Mile | Daily Mile | Daily Mile | Daily Mile |
| **Fundamentals – CC**  Using Year 2 lessons weeks 1-6. To include skipping  Week 7 - Assessment week | **Sending and Receiving - CC**  Using Year 2 lessons in the first instance for weeks 1-6.  Week 7- Assessment. | **Gymnastics – CC**  Using Year 2 lessons – Weeks 1-7 | **Gymnastics – CC**  Using Year 2 lessons-  Weeks 8-12.  **Yoga -**  Using Y2 lessons for remaining weeks left | **Net / Wall Games - CC–** Y2 lessons and using LTA resources’ to support the skills and delivery needed to support an intra competition | **Athletics –**  Using Y2 lessons from Get 4 PE |
| **Fitness with a football focus – CC**  Adapt from Football Planning file (and Get Set 4 PE Invasion Games)  Week 7 - Assessment week / intra class house competition – potentially involve Playground Leaders? | **Ball Skills – CC**  Using Y2 lessons  6 lessons will be spread over 7 weeks as each week there will need to be a taught 10 minute session with a throwing and catching as this was started last year and is beginning to show impact. (Use Y2 target games planning as a basis for this teacher directed task). | **Dance – CC**  Using Year 1 lessons 1-8 | **Target Games – CC**  Using Y2 lessons  6 lessons | **Striking and Fielding** - with a cricket focus  Adapting Chance to Shine Planning and Get Set as appropriate | **Forest Schools – CC**  See separate planning |