



Whittingham, Alnwick, Northumberland NE66 4UP
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9th March 2020

Roots and Shoots School Programme

Dear Parents/Legal Guardians,

Our Year 4 children have been fortunate to be selected to take part in the Roots and Shoots programme this year at Alnwick Gardens.

Roots and Shoots is a well-established programme that has been delivered to over 2000 school children over the past 9 years. The Alnwick Garden, supported by public health professionals from the Northumbria Healthcare NHS Foundation Trust, offers children the opportunity to learn how to grow, tend and harvest their own food and to learn about the importance of eating healthily.

This programme helps to develop learning in a number of curriculum areas such as science, (e.g. plants), and PSHE (e.g. healthy eating/team building/sharing), via outdoor learning experiences.

This is a wonderful opportunity for our Year 4 children to participate in. **Please find attached two forms which need to be filled in and returned to school by Friday 13th March.**

Day 1. Thursday 26th March: Plot preparation and looking at the Eat-Well guide

Day 2. Thursday 30th April : Sowing seeds and looking at fats and sugars (Take a scarecrow which will be made in school)

Day 3. Thursday 14th May: Alnwick Garden staff visit school

Day 4. Thursday 25th June: Planting Salad Crops

Day 5. Celebration Event

More details will follow to inform you what your children should wear and what they might need to bring with them.

Kind Regards

Mrs Fortescue

Headteacher: Mrs Belinda Athey



