



When your child needs extra support, we want to find the best way forward as soon as possible

## Targeted Sessions

To Be Arranged On The Following Subjects:

- Alcohol/Substance Misuse
- Mental Health / Anxiety
- Teenage Brain
- Internet Safety
- Sexual Exploitation
- Benefit / Debt Advice

Further information on these will be sent via School/Parent when arranged.

## Early Help Family Worker Alnwick Drop In

Sometimes you may need help or extra support to sort out a problem or a challenge.

Do you need someone to talk things through with?





Parents / Carers are welcome to come along to Alnwick Children's Centre to seek confidential 1-1 advice from our Family Worker about any Parenting or behavioral issues they may be experiencing.

Areas of Advice we can offer

- Education, Employment and Training.
- Benefits
- Support in Managing Young People's Behaviour
- Keeping Children Safe
- Substance Misuse
- Domestic Abuse
- Dealing with Difficult Teenagers
- Links to other Services and Organisations

**Drop-in Sessions**  
**Every Tuesday**  
**Times: 1:00pm to 2:30pm**  
**Alnwick Children's Centre**  
**Howling Lane**  
**Alnwick**  
**NE66 1DJ**  
**01670 620430**

### **We provide support to your whole family**

If one person in your family has a difficulty, the chances are it will affect other people in the family too. The person with a problem could be a child or young person.

We can offer strategies to support Children from Birth to 18 years and signpost parents to courses or additional services if required.



### **Contact Us**

01670 620430 or Email  
[jackie.duffy@northumberland.gov.uk](mailto:jackie.duffy@northumberland.gov.uk)