



Whittingham, Alnwick, Northumberland NE66 4UP | Telephone: 01665 574222
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Dear Parents/Legal Guardians,

Friday 25th May 2018

The NSPCC *Speak out. Stay safe.* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their ***Speak out. Stay safe.*** programme. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school.

"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback

What is the *Speak out. Stay safe.* Programme?

Through child-friendly, interactive assemblies for KS1 and KS2 their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and abuse, without using scary words or adult language. **At a later date the children in class 3 will participate in a follow up workshop.**

NSPCC have discussed the content of the materials and heard from other schools that have participated and are extremely confident that they are appropriate for our children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

Julie Raistrick- Head Teacher Ovingham C of E First School

"We were delighted to have the NSPCC team come to school to talk about keeping safe to **all** of our first school pupils. The messages given to the year groups were clear, helpful and age appropriate, delivered with the aid of 'Buddy' the mascot!

The sessions were well received by all pupils and they now understand about staying safe and speaking out if they feel something isn't right."

If you would like any more information about the NSPCC ***Speak out. Stay safe.*** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from abuse.

Website: <https://whittingham.eschools.co.uk>

Headteacher: Mrs Belinda Athey



The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at **[nspcc.org.uk/pants](https://www.nspcc.org.uk/pants)**

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website **[nspcc.org.uk/preventing-abuse/keeping-children-safe/](https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/)**

Yours sincerely,

Mrs Athey and Mrs Fortescue