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**Whittingham C of EKey Stage 1 – PE Year 1 and 2 Long Term Plan Cycle A School Year 2024-5**

**Using Get Set 4 PE planning and assessment grids unless stated differently.**

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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Daily Mile | Daily Mile | Daily Mile | Daily Mile | Daily Mile | Daily Mile |
| **Fundamentals – EL**  Using Year 1 lessons weeks 1-6.  Week 7 - Assessment week / intra class house competition | **Sending and Receiving - EL**  Using Year 1 lessons in the first instance for weeks 1-6.  Week 7- Assessment week/ intra competition. | **Gymnastics – EL**  Using Year 2 lessons – Weeks 1-7 | **Gymnastics – EL**  Using Year 2 lessons-  Weeks 8-12and using School Games Gymnastics Competition pack for assessment week.  **Yoga -**  Using Y2 lessons for remaining weeks left | **Net / Wall Games - EL –** Y2 lessons and using LTA resources’ to support the skills and delivery needed to support an intra competition | **Athletics continued – EL** Practicing sports day – 3 weeks  **Striking and Fielding**  Using Y2 lessons and intra competition if possible |
| **Fitness – CC**  Using Year 2 lessons weeks 1-6.  Week 7 - Assessment week / intra class house competition or assessment of fitness – progress from first session to final session ie how many laps of the Daily Mile track can be run at the start within a given time compared to the number of laps at the end with the same time. | **Ball Skills – CC**  Using Y2 lessons  6 lessons will be spread over 7 weeks as each week there will need to be a taught 10 minute session with a throwing and catching element as this has been identified as an area to improve across the school. ( Use Y1 target games planning as a basis for this teacher directed task. | **Dance – CC**  Using Year 1 lessons 1-8 | **Target Games – CC**  Using Y2 lessons  6 lessons | **Athletics – CC**  Using Y2 lessons | **Forest Schools – CC**  See separate planning |