



| WEEK 1                    | MONDAY                            | TUESDAY                            | WEDNESDAY                               | THURSDAY            | FRIDAY                   |
|---------------------------|-----------------------------------|------------------------------------|---|---------------------|--------------------------|
| MAIN COURSE CHOICES       | Pasta with tomato and basil sauce | Chicken nuggets                    | Roast of the day with Yorkshire pudding | Mince with cobbler  | Oven baked fish portions |
| POTATOES<br>PASTA<br>RICE | Crusty bread                      | Oven baked potato wedges           | Roast potatoes                          | Creamed potatoes    | Mini waffles             |
| VEGETABLES                | Seasonal vegetables               | Seasonal vegetables                | Seasonal vegetables                     | Seasonal vegetables | Seasonal vegetables      |
| SALAD BAR                 | Seasonal salad                    | Seasonal salad                     | Seasonal salad                          | Seasonal salad      | Seasonal salad           |
| DESSERTS                  | Iced chocolate cake               | Blueberry muffin with orange juice | Strawberry Shortcake                    | Frozen yoghurt      | Biscoff traybake         |

Fresh Fruit and a selection of Breads are always available daily

**Menus are Subject to Change**



| WEEK 2              | MONDAY              | TUESDAY             | WEDNESDAY                                | THURSDAY   | FRIDAY              |
|---------------------|---------------------|---------------------|--|--|---------------------|
| MAIN COURSE CHOICES | Pasta Bolognaise    | Oven Baked Sausage  | Roast of the week with Yorkshire pudding |  Chicken curry/ casserole | Fish Fingers        |
| POTATOES PASTA RICE | Garlic bread        | Creamed potatoes    | Roast potatoes                           | Brown and white rice   | Chips               |
| VEGETABLES          | Seasonal vegetables | Seasonal vegetables | Seasonal vegetables                      | Seasonal vegetables  | Seasonal vegetables |
| SALAD BAR           | Seasonal salad      | Seasonal salad      | Seasonal salad                           | Seasonal salad   | Seasonal salad      |
| DESSERTS            | German biscuits     | Brownie             | Digestive biscuits cheese and apple      | Fruit jelly with ice cream   | Chocolate cracknel  |

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Whittingham C of E Primary School  
School Menu



| WEEK 3                        | MONDAY  | TUESDAY                     | WEDNESDAY                                | THURSDAY                     | FRIDAY              |
|-------------------------------|---|-----------------------------|--|------------------------------|---------------------|
| Main Course choices           | Pasta with meatballs in tomato and basil sauce or gravy | Pizza wrap or baked sausage | Roast of the week with Yorkshire pudding | Chilli with nachos           | Fish cake           |
| POTAT<br>OES<br>PASTA<br>RICE | Crusty bread  | Mini waffles                | Roast potatoes                           | Brown and white rice         | chips               |
| VEGETABL<br>ES                | Seasonal vegetables                                     | Seasonal vegetables         | Seasonal vegetables                      | Seasonal vegetables          | Seasonal vegetables |
| SALAD<br>BAR                  | Seasonal salads   | Seasonal salads             | Seasonal salads                          | Seasonal salads              | Seasonal salads     |
| DESSERTS                      | Sprinkle cake   | Marshmallow krispie         | Fruit desert whip                        | Apple crumble with ice cream | Fruit cheesecake    |

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