**DfE Webinar**

**Supporting pupil and student mental wellbeing, on 9July.**

<https://www.youtube.com/watch?v=MYmBLnSQh3M>

<https://wetransfer.com/downloads/18de2c6511f2193ae450839fd054f3fd20200714102105/96a935>

**Local partnerships supporting schools/colleges with CYP mental health and wellbeing, on 14 July.**

<https://www.youtube.com/watch?v=0J6t3Z_ZQHQ>

**Relationships, Sex and Health Education for pupils with special educational needs and disabilities webcast**

<https://www.pshe-association.org.uk/content/send-hub>

**Research**

The Anna Freud Centre, the Evidence Based Practice Unit (EBPU) and the Child Outcomes Research Consortium (CORC) are publishing a series of Emerging Evidence reports, based on evidence published during the pandemic from around the world. The reports look to answer three key questions: - What are the key mental health challenges for children and young people during the coronavirus pandemic? - Are there any particularly vulnerable groups? - What might help children and young people to manage these challenges?

<https://www.annafreud.org/coronavirus-support/our-research/>

**Physical Health**

<https://www.youthsporttrust.org/wellschool>

<https://www.gov.uk/government/publications/what-works-in-schools-to-increase-physical-activity-briefing>

**Manchester**

<https://hub.gmhsc.org.uk/mental-health/about-us/>

**Liverpool**

Range of resources including a Back to School Journal <https://padlet.com/jholder_llp/goingbacktoschool>

**Cornwall**

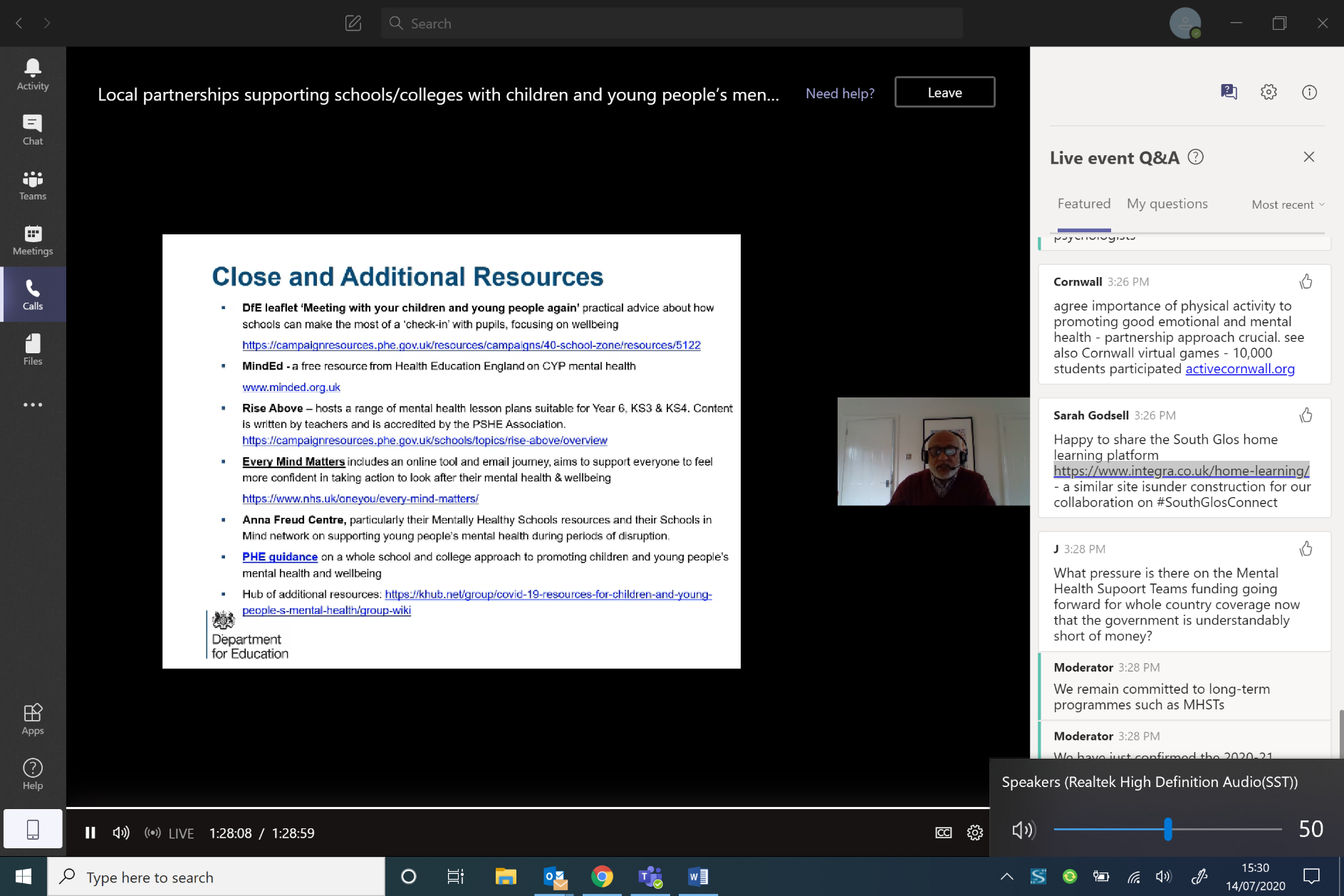
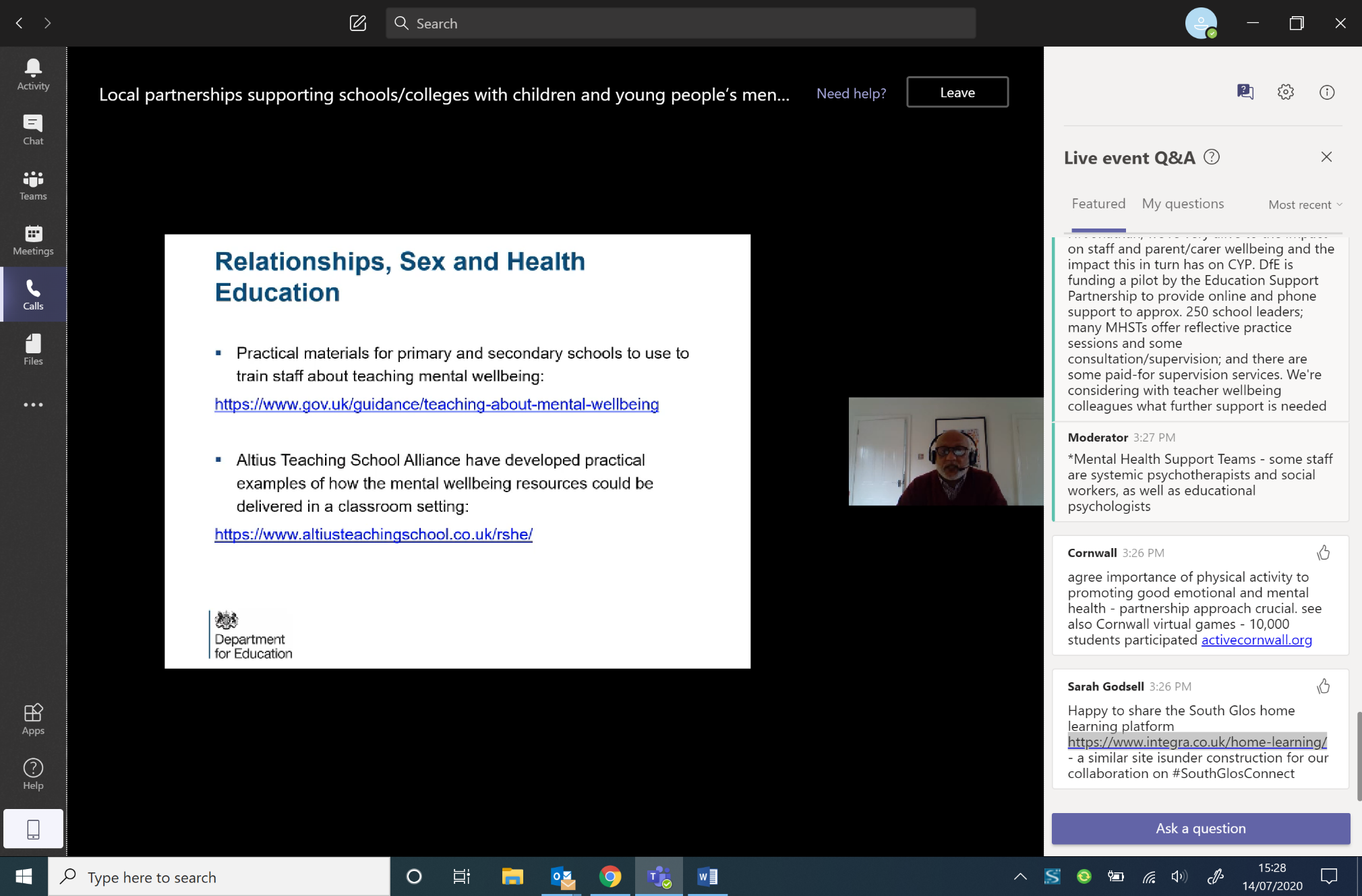
The young people survey 'RUOK' attracted 1200 responses from young people and their feedback published at [startnowcornwall.org.uk](http://startnowcornwall.org.uk/), this and [your-way.org.uk](http://your-way.org.uk/) co-designed and aimed at young people together with [headstartkernow.org.uk](http://headstartkernow.org.uk/) aimed at professionals/parents and [cornwall.gov.uk](http://cornwall.gov.uk/)for multi-agency produced support, advice and resources.

**Hull**

[www.howareyoufeeling.org.uk/coronavirus-resources](http://www.howareyoufeeling.org.uk/coronavirus-resources)

**Kooth** is available offering digital mental health support including access to BACP accreditd online counselling in over 85% of the country now, it's free, anonymous and available for 11 - 18/25 year olds with no professional referral required, as part of the wider early help and prevention offer.

<https://www.kooth.com/>

<https://xenzone.com/wp-content/uploads/2020/07/Week16CYPv2.pdf>