

Supporting Parents & Carers: Learning More About Autism



Ashbrooke
School

A FREE event for parents and carers supporting children and young people with autism, PDA and co-occurring ADHD.

The day will cover topics such as:

- What does it mean to have ASD, PDA or ADHD?
- Understanding anxiety and sensory processing
- Developing emotional resilience, wellbeing & positive communication
- Support with dressing, eating, washing & sleeping



Discover ideas and strategies that can enrich the lives of children with neuro-developmental differences and their families.

Saturday 2nd February 2019

9.30am – 4.00pm

Ashbrooke School
Ashbrooke Road
Sunderland
Tyne & Wear
SR2 7JA



Book online by visiting www.witherslackgroup.co.uk/events/autism-sunderland

For more information contact Clare or Rukiya on 0844 880 6520 or email events@witherslackgroup.co.uk.

