



## **Whittingham C of E Primary School**

### **Policy for Relationships, Sex Education and Health Education**

#### **Introduction**

This document was developed during the Spring Term 2021

It was approved by the governing body in the Spring Term 2021

This policy will be reviewed **annually**

A schedule for the review of this, and all other policy documents is set out in the school's cycle of policy reviews.

#### **Our School Vision**

The children know these as the 3R's:

'Hand in hand together we will become **resilient**, **respectful** and **responsible** citizens of our community and the wider world.'

#### **Our School Aims and Values**

To provide an open, secure and welcoming Christian environment for each pupil. This is expressed through daily worship which acknowledges the presence of God in our lives.

To further develop and value the partnership that exists between school and the local churches, in particular, through sharing weekly worship and to encourage an appreciation of the Christian faith and a familiarity with the local Christian heritage.

To care for each pupils' safety, happiness and well-being.

To value our pupils as individuals, developing their ability to take responsibility for themselves and their actions, promoting confidence and self-esteem, and respect for others and their environment.

To equip our pupils with the knowledge to make informed choices about having a safe and healthy lifestyle.

To offer opportunities for our pupils to become involved in the daily life of the school and to prepare them to play an active role as citizens locally and in the wider world.

To provide a learning environment, which is challenging and stimulating yet ordered and disciplined.

To provide a broad and balanced curriculum, setting realistic targets for each pupil.

To extend and reinforce our pupils learning, making expectations clear, and raising achievement levels.

To develop and maintain a mutually supportive partnership between home and school.

### **Statement of Intent**

1. At Whittingham C of E Primary School, we understand our responsibility to deliver a high-quality, age appropriate and evidence-based relationships, sex and health curriculum for all of our pupils. This policy sets out the framework for our relationships, sex and health curriculum providing clarity on how it is informed and delivered, in developing this policy we have followed the principles in the Church of England Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE) (Appendix 1)

2. The school is committed to making reasonable adjustments wherever possible to promote accessibility and inclusivity of the curriculum. The school understands that pupils with SEND or other needs (such as those with social, emotional or mental health needs) are entitled to learn about relationships, sex and health education and the programme will be designed to be inclusive of all pupils.

### **Legal Framework**

3. This policy has been developed with regard to legislation and statutory guidance including, but not limited to, the following:-

- Section 80A of the Education Act 2002
- Children and Social Work Act 2017
- The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019
- Equality Act 2010
- DfE (2019) 'Relationships, Education, Relationships and Sex Education (RSE) and Health Education'
- DfE (2013) 'Science programmes of study: key stages 1 and 2'
- DfE Guidance 'Plan your relationships, sex and health curriculum' - Information to help school leaders plan, develop and implement the new statutory curriculum. September 2020

<https://www.gov.uk/guidance/plan-your-relationships-sex-and-health-curriculum#creating-a-policy-for-the-new-curriculum>

4. This policy works in conjunction with the following policies:

- Safeguarding
- Behaviour
- SEND
- Equal Opportunities
- Anti-bullying
- Mental Health and Well-being
- Pupil Confidentiality
- Inclusion
- Social, Moral and Cultural

- Spirituality

## **5. Definitions**

For the purposes of this policy “Relationships and sex education” is defined as teaching pupils about healthy, respectful relationships, focusing on family and friendships, in all contexts, including online, as well as developing an understanding of human sexuality.

For the purpose of this policy “Health education” is defined as teaching pupils about physical health and mental wellbeing, focusing on recognising the link between the two and being able to make healthy lifestyle choices.

## **6. Roles and Responsibilities**

**6.1** Whittingham C of E Primary School staff and Governing Body are responsible for:

Ensuring all pupils make progress in achieving the expected educational outcomes.

Ensuring the curriculum is well led, effectively managed and well planned.

Evaluating the quality of provision through regular and effective self-evaluation.

Ensuring teaching is delivered in ways that are accessible to all pupils with SEND.

Providing clear information for parents on subject content and their rights to request that their children are withdrawn.

Making sure the subjects are resourced, staffed and timetabled in a way that ensures the school can fulfil its legal obligations.

Ensuring the ethos of the school is maintained and developed through the subjects.

**6.2** The Head teacher and Policy Committee of the Governing Body are responsible for:

The overall implementation of this policy.

Ensuring staff are suitably trained to deliver the subjects.

Ensuring that parents are fully informed of this policy.

Reviewing requests from parents to withdraw their children from the subjects.

Discussing requests for withdrawal with parents.

Organising alternative education for pupils, where necessary, that is appropriate and purposeful.

Reporting to the governing board on the effectiveness of this policy.

Reviewing this policy on an annual basis.

**6.3** The relationships, sex and health education subject leader is responsible for:

Overseeing the delivery of the subjects.

Ensuring the subjects are age-appropriate and high-quality.

Ensuring teachers are provided with adequate resources to support teaching of the subjects.

Ensuring the school meets its statutory requirements in relation to the relationships, [sex] and health curriculum.

Ensuring the relationships, [sex] and health curriculum is inclusive and accessible for all pupils.

Working with other subject leaders to ensure the relationships, [sex] and health curriculum complements, but does not duplicate, the content covered in the national curriculum.

Monitoring and evaluating the effectiveness of the subjects and providing reports to the headteacher.

**6.4** The appropriate teachers are responsible for:

Delivering a high-quality and age-appropriate relationships, [sex] and health curriculum in line with statutory requirements.

Using a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils.

Ensuring they do not express personal views or beliefs when delivering the programme.

Modelling positive attitudes to relationships, [sex] and health education.

Responding to any safeguarding concerns in line with the Child Protection and Safeguarding Policy.

Acting in accordance with planning, monitoring and assessment requirements for the subjects.

Liaising with the SENCO to identify and respond to individual needs of pupils with SEND.

Liaising with the School Nurse, where appropriate, to support the delivery of the curriculum.

Working with the relationships, [sex] and health education subject leader to evaluate the quality of provision.

**This policy went to parents and the policy for consideration and consultation 5.3.21 and was ratified prior to the Spring Term Governing Body Meeting 2021.**

#### **Appendix/ Useful references.**

[https://whittingham.eschools.co.uk/website/pshe\\_rhe\\_mental\\_health\\_and\\_wellbeing/542486](https://whittingham.eschools.co.uk/website/pshe_rhe_mental_health_and_wellbeing/542486)

[https://whittingham.eschools.co.uk/website/teaching\\_pshe\\_september\\_2020\\_letter\\_and\\_reading\\_lists/497690](https://whittingham.eschools.co.uk/website/teaching_pshe_september_2020_letter_and_reading_lists/497690)