

# Winter Challenge 2020



## Get Crafty!

Make a kindness jar. Take turns coming up with random acts of kindness that you would like to complete as a family. Find out how here:

<https://tinyurl.com/yyh8e844>

## Get Writing!

Write a letter to someone you haven't seen for a while and tell them what activities you have taken part in with Children's University.

## Get Baking!

Bake these festive Gingerbread people to share with your family!

<https://tinyurl.com/ycalrppf>

## Get exploring!

Explore nature with a winter scavenger hunt. Find out more here:

<https://tinyurl.com/y5bqrh7r>

## Get researching!

Research another country's winter traditions and write a fact sheet! Present these facts to your family and help them learn something new!

## Relax!

Learn how to *Settle the snow storm* with these simple mindfulness exercises

<https://tinyurl.com/y54p9247>

## Science!

Make your own indoor snow with two ingredients!

<https://tinyurl.com/y7oamr9w>



Collect extra Children's University credits during your winter break by completing this challenge. Each activity is worth 1 credit when you take evidence of your activity to your teacher or local CU. This could be a photograph, video, a work sheet, or writing about what you did! To get a stamp code for *Children's University Online* email [contactus@childrensuniversity.co.uk](mailto:contactus@childrensuniversity.co.uk)

