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**Whittingham C of EKey Stage 2 – PE Year 3 and 4 Cycle B School Year 2025 -26**

**Using Get Set 4 PE planning and assessment grids unless stated differently.**

We have identified through; pupil voice and assessments that we need to do some further work on ball skills and the format of Daily Mile so this plan has been updated with this in mind. We will use the Sports Leaders to assist with this and these sessions will be led by the class teacher. CC cover all PE. There is an adverse weather planning pack adapted from Get Set 4 PE to be used as necessary.

sessions

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| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best | Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best | Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best | Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best | Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best | Monday - Daily Mile – personal best  Tuesday – Throwing and Catching  Wednesday - Skipping  Thursday – Sprint starts  Friday – Daily Mile – personal best |
| **Football –** Get Set 4 PE Year 3 /4 mixed planning  6 lessons  7th lesson an intra competition with wherever possible an inter competition against the other alliance schools. | **Hockey –** Get Set 4 PE Year 3 /4 mixed planning - | **Fitness -** Get Set 4 PE Year 3 /4 mixed planning Unit 2 | **Tennis** Get Set 4 PE and LTA planning - | **Athletics –** Get Set 4 PE- Year 4 supplemented by Quad Kids School Games pack and also prep for Sports Day. **CC /LF to be arranged** | **Cricket** – Get Set 4 PE Year 4 planning |
| **Rugby – Get Set 4 PE Year 3 /4 mixed planning**  Possible School Games Festival  **Extra enrichment – Meta 4 Dance Day - September** | **Multiskills –** using school games multiskills competition pack and if needed  – Get Set 4 PE Year 3 /4 mixed planning - | **Handball –** Get Set 4 PE plus advice from SGO  Plus Meta 4 Dance as appropriate | **Basketball –** Get Set 4 PE Year 4 Planning - | **Swimming** | **Swimming** |