

2026 Spring Diary Dates

January Alnwick Support Group With Sharon Robson, Open Door & Lauryn Alderson EPNE both organisations offer constructive support towards employment
13th January | 9.30am – 11.00am

Berwick Support Group With Choice Advisors
Learn about those that can help you choose a suitable school
20th January | 9.30am – 11.00am

February Dance Fit Session For Adults
Berwick Sports & Leisure Centre
5th February | 11am - 12noon

Alnwick Support Group With Liz Ann Davidson
Occupation Therapist advice on sensory matters
10th February | 9.30am – 11.00am

Autism Friendly Forest School
Clarty Commandos
17th February | 12 noon - 3pm

March Dance Fit Session For Adults
Berwick Sports & Leisure Centre
5th March | 11.00am - 12noon

Alnwick Support Group AGM & 10 Year Anniversary
With Dr Jeremy de Bono Consultant child & adolescent psychiatrist
10th March | 9.30am – 11.00am

Berwick Support Group With Keith Moore Disability North
Information about PIP DLA & Universal credit
17th March 9.30am – 11.00am

April Dance Fit Session For Adults
Berwick Sports & Leisure Centre
2nd April | 11.00am – 12 noon



The King's Award
for Voluntary Service

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North
Northumberland
Branch

The North Northumberland Branch of
The National Autistic Society facilitate

Seminars & Workshops presented
by specialist professionals

Dance Fit Sessions For Adults

Duke Of Edinburgh

Lending Library

Monthly Meetings At Alnwick & Berwick

Neurobears Training

Occupational Therapy Clinics

Sensory Garden

Venues

Chatton Village Hall, Old Road,

Chatton, NE66 5PX

The Lindisfarne Centre, Lindisfarne Road,
Alnwick, NE66 1AU

Berwick Family Hub, Ladywell Place,
Tweedmouth, Berwick, TD15 2AE

NAS North Northumberland Branch
northnorthumberland.branch@nas.org.uk
Contact Helen Sutherland



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