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Relationships and Health Education teaching from September 2020

Thursday 9th July 2020.

Dear Parents/Legal Guardians,

Did you know that a change in the law means that all primary schools are required to teach Relationships Education Sex and Health Education from September 2020?

At Whittingham we previously called this SRE which we taught alongside our PSHE curriculum (Some of you may have attended the Operation Endeavour PSHE Workshops with Laura Miller we have had in school over the past year prior to school closure?).

https://www.whittinghamprimaryschool.co.uk/website/operation_encompass_parent_legal_guardian_workshop/412941

Did you know that all primary schools are recommended to teach sex education, and that parents continue to have the right to request that their child is excused from sex education?

At Whittingham C of E Primary School, we use the PSHE Education Programme of Study (key stages 1–5). This is the only national programme of study for the subject and is regularly signposted to by the Department for Education for schools to use. https://www.pshe-association.org.uk/system/files/PSHE%20Association%20Programme%20of%20Study%20for%20PSHE%20Education%20%28Key%20stages%201–5%29%2C%20Jan%202020_1.pdf

Through its three core themes (Health and Wellbeing, Relationships, and Living in the Wider World) our Programme of Study provides schools with a framework for creating a programme which matches their pupils' needs. It covers the breadth of PSHE from relationships and sex education (RSE) and health, to economic wellbeing and careers, setting out suggested content for each key stage.

With the Relationships, Sex and Health Education elements of PSHE compulsory in all schools* from September 2020, the Programme of Study has been fully updated to support schools to prepare for the statutory changes. The Department for Education's [statutory guidance for Relationships Education, Relationships and Sex Education \(RSE\), and Health Education](#), sets out what schools must cover in primary and secondary phase from September 2020, though not all that they should cover as part of broader PSHE education, and does not specify content for each key stage..

All new planning documentation will be on the school website in September.

If you have any questions or queries, please do not hesitate to contact me. Please find some useful booklists attached.

Best Wishes, Belinda Athey.

Headteacher: Mrs Belinda Athey