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**Whittingham C of EKey Stage 2 – PE Year 5 and 6 Cycle A School Year 2024-5**

**Using Get Set 4 PE planning and assessment grids unless stated differently.**

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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best | Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best | Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best | Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best | Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best |  Monday - Daily Mile – personal bestTuesday – Throwing and CatchingWednesday - SkippingThursday – Sprint startsFriday – Daily Mile – personal best |
| **Football –** Get Set 4 PE Year 6 lessonsInter competition against the other alliance schools on Tuesday 7th October.**CC** | **Hockey –** Get Set 4 PE Year 6 planning - **CC** | **Fitness-** Get Set 4 PE Year 6– **CC** | **Tennis–** Get Set 4 PE Year 6 planning and LTA - **CC** | **Athletics –** Get Set 4 PE- Year 4 supplemented by Quad Kids School Games pack and also prep for Sports Day. **CC /LF to be arranged** | **Cricket and Rounders** – Get Set 4 PE Year 6 and Chance to Shine planning  **CC** |
| **Rugby – Get Set 4 PE Year 6 planning**Anything from Alnwick Rugby Club -see parents - **CC** | **Multiskills –** using school games multiskills competition pack and if needed– Get Set 4 PE Year 6 planning - **CC** | **Handball –** Get Set 4 PE Year 6 planning – **CC****Plus see Meta 4 Dance** | **Basketball –** Get Set 4 PE Year 6 Planning - **CC** | **Swimming** | **Swimming** |