

Opportunity for your child to receive Bikeability Cycle Training

Dear Parent/ Legal Guardian

We are offering some cycle training skills to our Years 2, 3 and 4 pupils within the school premises.

This training is designed to help them learn some core bike handling skills through the medium of games and activities. They will not be going onto the roads and everything they learn will be in a traffic free environment.

Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more. This training is being carried out by a company called Cycle Experience, www.CycleExperience.com

The training will take place on **Friday 23rd February** from **9am** till **3pm** I am writing to invite you to register your child(ren) for this training.

There are a limited number of places available, so please complete and return the attached form to me by **Tuesday 20th February** at the latest. Pupils will be accepted on a "first come, first served basis".

Your child will need to bring with them for their course:

- **A bike which is roadworthy.** (A bike check will be carried out first thing and I have attached a bike check form to help you ensure that your child's bike is in a roadworthy condition)
- **A bike which is the correct size.** (Not too big and not too small)
- **A bike without stabilisers.** (Please remove them prior to training)
- **A cycle helmet** (which again must be of the correct size, not full faced and fit properly.)

In addition, you will need to ensure that your child:

- Wears outdoor P.E.Kit and brings some gloves. High visibility tabards are provided so the rest of the school are aware of what is happening on the premises.
- **Has some wet weather clothing** e.g. a shower or waterproof jacket as a minimum and preferably some over trousers. The training will continue in light to moderate rain but will be suspended if there is a heavy downpour.

Yours sincerely
MrsFortescue

Cycle Training Consent Form

Child's/Children's name(s) (please print)

Parent/Guardian's Name (please print)

☐ **I would like** to register the above child/children to take part in the cycle training and confirm that they will have a roadworthy bike and a helmet.

☐ **I do not** wish my child/children to be photographed during the training

☐ **I do not** wish my child/children to take part in the training.

If you are declining the offer of cycle training, can you tell us why? Your feedback will help us improve the services and opportunities that we offer.

Medical or other conditions which may be of relevance:

Signature:

Date:

Contact telephone number:

School Name:

Please return this form to

(Mrs Fortescue)

by (20/2/18) at the latest