# Self-isolation and testing requirements in schools from 04/01/22
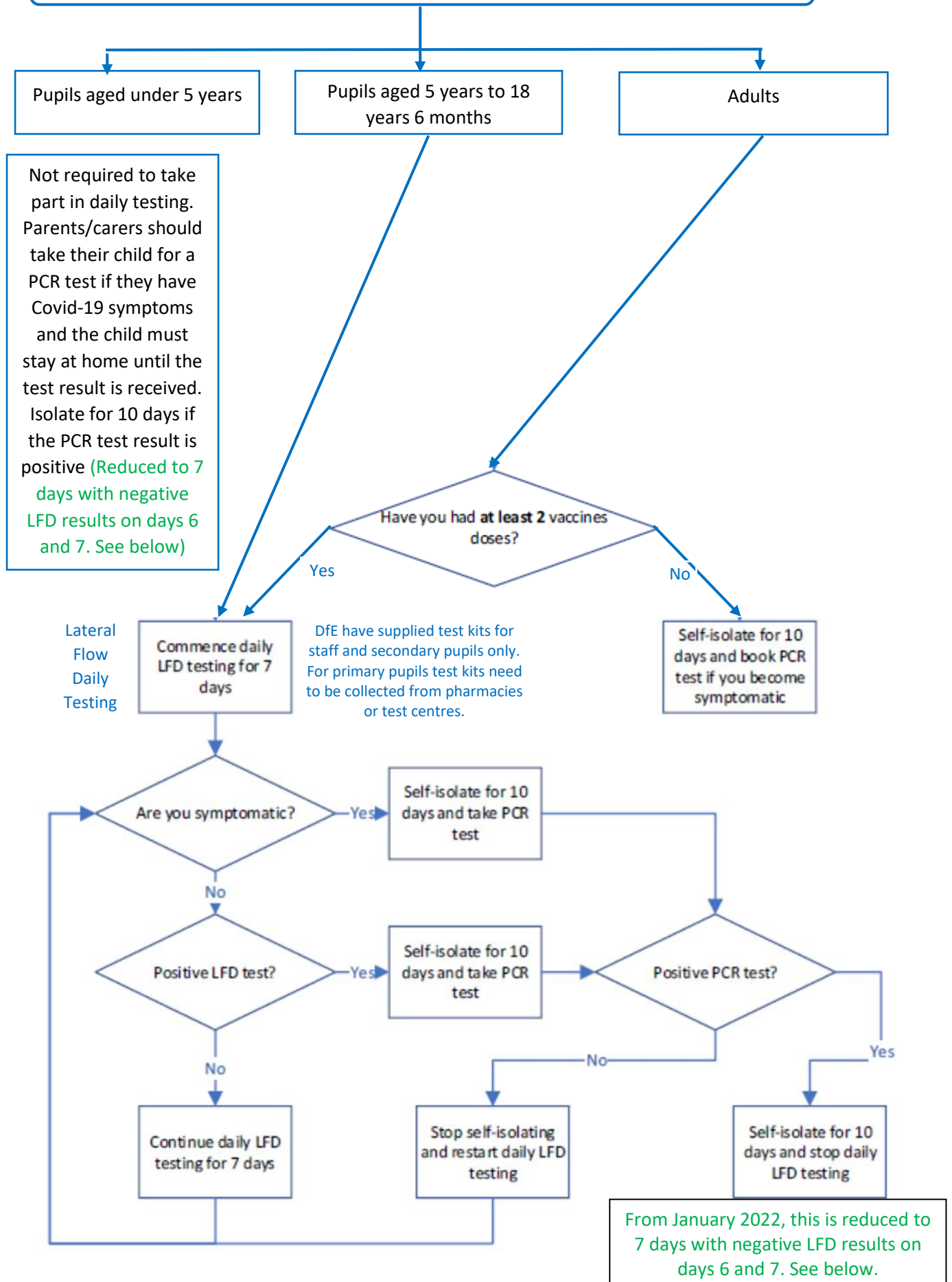
**Close contact of someone with Covid-19 (Notified by NHS Test & Trace)**

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**Pupils aged under 5 years**

**Pupils aged 5 years to 18 years 6 months**

**Adults**

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Not required to take part in daily testing. Parents/carers should take their child for a PCR test if they have Covid-19 symptoms and the child must stay at home until the test result is received. Isolate for 10 days if the PCR test result is positive (Reduced to 7 days with negative LFD results on days 6 and 7. See below)

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**Have you had at least 2 vaccines doses?**

Yes

No

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**Lateral Flow Daily Testing**

Commence daily LFD testing for 7 days

DfE have supplied test kits for staff and secondary pupils only. For primary pupils test kits need to be collected from pharmacies or test centres.

Self-isolate for 10 days and book PCR test if you become symptomatic

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**Are you symptomatic?** — Yes → Self-isolate for 10 days and take PCR test

No

**Positive LFD test?** — Yes → Self-isolate for 10 days and take PCR test → **Positive PCR test?**

No

**Continue daily LFD testing for 7 days**

**Stop self-isolating and restart daily LFD testing**  ← No

Yes → **Self-isolate for 10 days and stop daily LFD testing**

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From January 2022, this is reduced to 7 days with negative LFD results on days 6 and 7. See below.

**Ending self-isolation early using LFD tests**

## New 7 day self-isolation rules

The self-isolation period for people who have tested positive for COVID-19 has been reduced in most cases

**1.** If you test positive for COVID-19 you must self-isolate for **up to 10 days**

**2.** Take an LFD on **day 6** of your isolation and another **24 hours later** on day 7

**3.** If both tests are negative and you have no symptoms, **you may end your self-isolation after the second negative test result**

| 10 day self-isolation | Day of isolation | Ending self-isolation early using LFD tests | |
|---|---|---|---|
| Self-isolation starts* | 0 | Self-isolation starts* | |
| Self-isolate | 1-5 | Self-isolate | |
| Self-isolate | 6 | Self-isolate | |
| | | Take an LFD test | |
| | | LFD test is **negative** | LFD test is **positive** |
| | | Continue to self-isolate | Continue to self-isolate |
| Self-isolate | 7 | Self-isolate | Self-isolate |
| | | Take an LFD test **24 hours after the last one** | Take an LFD test **24 hours after the last one** |
| | | LFD test is **negative** | LFD test is **negative** |
| | | Self isolation ends after this negative test** | Continue to self-isolate |
| Self-isolate | 8 | | Self-isolate |
| | | | Take an LFD test **24 hours after the last one** |
| | | | LFD test is **negative** |
| | | | Self isolation ends after this negative test** |
| Self-isolate | 9 | | |
| Self-isolate | 10 | | |
| **End self-isolation at 23.59 hours*** | | | |

* Day your symptoms started or your test was taken if you do not have symptoms
** You can stop self-isolating if you do not have a high temperature

UK Health Security Agency